



Recommended MEN'S sizing chart is as follows:

MEASUREMENT- MEN'S SIZES	CHEST (INCHES)	WAIST (INCHES)	SLEEVE (INCHES)*	INSEAM (INCHES)	HEIGHT (FT/INCHES)	WEIGHT (POUNDS)
SMALL-S	38-40	30-34	35-1/2	30	4' 8"-5' 4"	UNDER 120LBS
MEDIUM-M	42-44	34-38	36-1/2	31-1/2	5' 2"-5' 10"	120LBS- 150LBS
LARGE-L	46-48	38-42	37-1/2	33	5' 6"-6' 3"	150LBS- 190LBS
EXTRA-LARGE- XL	50-52	42-46	38-1/2	34	5' 10"-6' 5"	190LBS- 230LBS
2XL-XXL	54-56	46-50	39-1/2	35	6' 0"-6' 8"	230LBS- 285LBS
3XL-XXXL	58-60	50-54	40-1/2	36	6' 2"-6' 10"	285LBS- 400LBS

HERE IS HOW TO MEASURE:

CHEST: WITH ARMS RELAXED AT SIDES, MEASURE AROUND THE LARGEST PART OF THE CHEST AND SHOULDER BLADES.

SLEEVES: MEASURE FROM THE CENTER BACK AT NECK BASE ALONG SHOULDER AND DOWN ARM TO WRIST WITH A SLIGHTLY BENT ELBOW.

WAIST: MEASURE AROUND WAIST AT NARROWEST POINT.

INSEAM: MEASURE FROM BASE OF CROTCH DOWN INSIDE OF LEG TO DESIRED PANT LENGTH.

MAKE SURE YOU ACCOUNT FOR THE RAINGEAR GOING OVER CLOTHES. IF YOU GET THESE TOO TIGHT, YOU WILL BLOW OUT THE SEAMS. YOU ARE BETTER GETTING IT TOO BIG THAN TOO SMALL.